





MISSION

Zonta International is a leading global organization of individuals working together to build a better world for women and girls.

VISION

Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential.

In such a world, women have access to all resources and are represented in decision-making positions on an equal basis with men.

In such a world, no woman lives in fear of violence.



Stand out for Gender Equality

Represent Global Citizenship

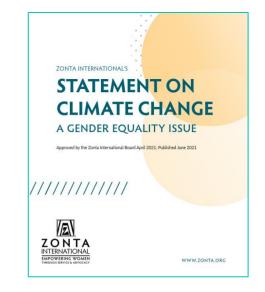
Develop Future Leaders

Celebrate Ourselves

Position Zonta for the Future

International Campaign







https://www.zonta.org/Web/Causes/ZontaSaysNOW/About



https://www.zonta.org/Web/Causes/ZontaSaysNOW/History



https://www.zonta.org/Web/Causes/ZontaSaysNOW/Actions



https://www.zonta.org/Web/Causes/ZontaSaysNOW/Resources



https://www.zonta.org/Web/Causes/ZontaSaysNOW/Think_Tank



https://www.zonta.org/Web/Causes/ZontaSaysNOW/Virtual Art Exhibit



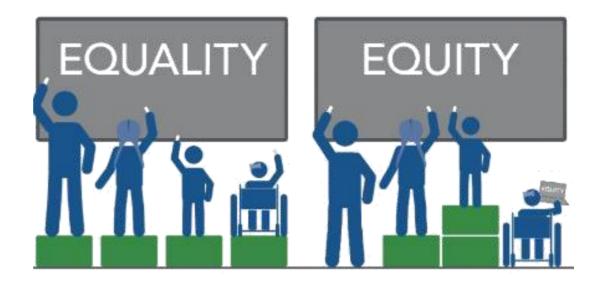
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Sustainable development goals (SDGs) →

LEAVE NO ONE BEHIND

However, the latest reports about how it goes with the SDGs indicate, that PEOPLE WITH HANDICAP ARE LEFT BEHIND!



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Areas have created videos which help achieving all Zonta Goals. This work is not related directly to Advocacy initiatives but supports them.

https://youtu.be/Y3hANySJBIM



https://fb.watch/kZanBxn-60/



Zonta Danmark - vi gør en forskel for verdens kvinder



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D13 Advocacy Actions to achieve those goals

- Encourage and support Zonta club initiatives individually or in cooperation with other Zonta clubs or like-minded organizations:
 - Equal Pay for Equal Work and Gender Equity 8th
 of March
 - A life free of violence 16 days of Activism
- Promote youth participation in Zonta events
- Contribute to the teaching platform goalfive.org
- Disseminate advocacy information from Zonta International
- Position D13 to hold the 2025 European Interdistrict
 Seminar in Copenhagen



8th of March – lots of activities!

8 marts

modeller.







Denmark: Events in almost all clubs in collaboration: "Equal Pay – Fake or Facts", "Salon with Karen Blixen about Feminism", "The modern women's life",

Lithuania: The Zonta Club of Alytus, Lithuania, joined the European Soroptimist Union's call to wear different shoes on International Women's Day to draw attention to gender inequalities in everyday life. Also participated in the Lions Women's Club of Alytus charity evening.

Conference.

Iceland: Lunch-seminar, Lectures about environmental issues. One of them with Auður Ingólfsdóttir - key-note speaker at the D13

KVINNEDAGEN

KVINNEHELSE

8. mars kl. 18.30

Norway: Women's Health





Det markerede Aalborg Zontaklub ved et arrangement i Folkekirkens

Hus hvor etnolog Frederikke Heick

stod for et modeshow, årtiers kvindemode båret af frivillige

BUILD A BETTER WORLD FOR WOMEN AND GIRLS



16 days of activism

Denmark: Social Media campaigns, orientation meetings, discussions and talks, ribbons to all clubs to share with non Zontians, ...

Lithuania: Zonta Club of Alytus brings awareness to gender-based violence with 'You Are Not Alone' project together with the Alytus Women's Crisis Center. Two lectures were presented—one in person and one online—"Awareness of Domestic Violence: The Dynamics of the Circle of Violence" and "The Path of Help for Those Who Have Experienced Violence." The lectures were delivered by a psychologist and a lawyer from the Alytus Women's Crisis Centre.

Iceland: Marches with lights or torches in Akurevri together with Soroptimists. Zonta Club Sunna held a solidarity meeting against genderbased violence in front of Church Hallgrímskirkja along with other Zonta Clubs in the Reykjavík area.

Norway: Social media campaigns, events, ...







November 2022 Zonta Empowers Girls and Women

Birgit Lenhard, Foundation Ambassador in Zonta District 13





Thank you for saying



to violence against





Globally, an estimated 257 million women who want to avoid pregnancy are not using safe, modern methods of contracepti

Where data is available, nearly a quarter of all women are not able to say no to sex

Other factors contributing to unintended pregnancies:

- · Lack of sexual and reproductive health care and information
- Contraceptive options that don't suit women's bodies or
- Harmful norms and stigma surrounding women controlling their own fertility and bodies
- Sexual violence and reproductive coercion
- Judgmental attitudes or shaming in health services
- Poverty and stalled economic development



Advocacy committee in Denmark



16 days activism

On 25 November, the campaign will once again be launched

" 16 days of activism against gender-based violence"



On November 25, 1960, three sisters from the Dominican Republic were beaten to death and

cint by president Nariae! Trujino's secret poince. The Mirabal sisters, Patria, Minerva and Maria Teresa, who had been activists actively opposing the cruelty and systematic violence of the Trujillo dictatorship, became symbols of the feminist resistance. In commemoration of their deaths, November 25 was formally declared the International Day for the Elimination of Violence against Women by the United Nations in 1999.

The campaign, which runs from November 25 to December 10 (Human Rights Day), was established in 1991. Since then, more than 6,000 organizations from Incompleted the second second second second second second second sec

In this issue

Orange days and GOALFIVE activities

Government and Equality Committee

The Women's Council

UN & Council of Europe committee incl. CSW67

Advocacy committee & Interdistrict seminars 2023 & 2025

District meeting in Iceland

National meeting in Veile

Advocacy committee - who are we?

Formed at the 2021 Area meeting.

Purpose: To strengthen and make visible Zonta Denmark's efforts for equality and a life without violence for all women and girls and to influence public opinion in accordance with Zonta's mission and vision.

Advocacy committee - who are we?

Elsemette Cassøe, Aalborg, Chairman	ecassoe53@gmail.com	9152 9554
Louise Kure, Copenhagen Multicultural, Secretary	louiseikure@gmail.com	2992 0301
Ann Karin Vestergaard, Roskilde	annkarin@mail.dk	4027 0220
Astrid Jensen, Sønderborg	astrid.jensen55@gmail.com	4012 7984
Pia Krogh Albrechtsen, Copenhagen I	pia.krogh.albrechtsen@gmail.com	2178 2060



Goalfive.org

A free education platform for anyone who wants to work with gender equality.

Prepared by high school teachers, which can be used by teachers in secondary education and at primary school level.

164 users from 96 high schools. In 2023, the clubs have planned a gender equality event in multiple high schools with the title "Limits for gender equality"











Sprog. litteratur, medier.

Hashtag MeToo (dansk)

Gender Equality (engelsk)







Jasmine by Bharati Mukherjee (engelsk)

The Love and Lies of Rukhsana Ali (engelsk)

FN's Menneskerettigheder (forløb på tværs)









FN's Verdensmål (forløb på

Kvinders rettigheder (forløb på tværs)

Kampe for ligestilling i Danmark (historie)









Køn, ligestilling og Verdensmål 5 (samfundsfag)

Gender issues in the US (tværfagligt, samfundsfag og

El amor y la igualdad (spansk)









Global Gender Gap Report (matematik)

Biblens kvinder (religion)



Other updates



Shideh Pour Zahed appointed member of the Danish UNESCO National Commission from 1st of Februay 2023 to 30th of April 2026 by the minister of Children and Education.



PIP Maria Jose Landeira Østergård elected chair of the Women's Council Denmark (WCD) from March 2023 to March 2025. WCD is the umbrella organization of 49 women's organizations in Denmark.

WCD will collaborate with UN Women in DK to light many buildings orange in connection with the 16 days of activism. All Danish Zonta clubs are encouraged to share their activities with WCD who will send them to UN Women.



Future Activities





SUPPORT FROM ALL 4 COUNTRIES IN D13

THEME

Standing up for diversity, equity & inclusion

CHAIR:

PIP Maria Jose Landeira Oestergaard

STEERING COMMITTEE

COUNTRY	NAME
DENMARK	Susanne Søndergaard Hansen
LITHUANIA	Ruta Jasioniene
ICELAND	Ragna Karlsdottir
NORWAY	Heddy Tangen Steffensen
	,



Important appeal

16th of September is 1 year anniversary of the killing of the young woman Mahsa Amini.

The Organisation "Kvinde – Liv – Frihed (Woman – Life – Freedom) has encouraged all women's organisations to show our support to the women in Iran by taking a picture of us, either individuals, clubs or other, with a picture of Mahsa and the words

"My name is XXX/We are the members of Organization YYY. I / we support the people of Iran in their fight for freedom, justice and equality.

WOMEN – LIFE – FREEDOM"

They will use the pictures to create a 3-4 minutes video that will be shared in the Social Media.

Please send the picture to **ZONTA4WOMENSRIGHTS@GMAIL.COM** early next week and I will compile and send to the organization.



We the members of Zonta
International District 13
(Denmark, Lithuania, Iceland and Norway) support the people of Iran in their fight for freedom, justice and equality.

WOMEN - LIFE - FREEDOM





